



Congratulations Dr. Jan Grendar

PARA's June 2015

Resident Physician of the Month



PGY 5, General Surgery, University of Calgary

Jan was born in Slovakia where he also obtained his medical degree from the Jessenius Faculty of Medicine. After immigrating to Canada he was accepted into the General Surgery program at the University of Calgary, where he is currently a PGY 5 resident. He will be moving to Portland, OR to continue with his subspecialty, training in Hepato-pancreato-biliary Surgery.

Outside of medicine Jan enjoys spending time with his family, hiking and traveling.

Two colleagues had this to say about Dr. Grendar:

"Jan is extremely deserving of recognition for his work in General Surgery. He is a great colleague, teacher, and advocate for his fellow residents. He has completed research including a randomized controlled trial of pancreaticojejunostomy vs. pancreaticogastrostomy in pancreatic surgery, and has been recognized nationally with the Canadian Association of General Surgeons teaching award for residents.

Jan is also a husband and a father, balancing his busy surgical residency with his wife, who is also a resident physician, and their two sons."

"Dr. Grendar is the ideal surgical resident. I don't mean that he is just an expert surgeon with robot like precision. Jan is also a teacher, a friend, and a natural leader whose love for his profession is infectious to everyone around him. I never would have considered a career as a general surgeon, but working with Jan made me rethink my future career choices.

It doesn't matter if its in the OR, the emergency department, or on the ward, Jan is able to make each experience memorable in its own way. He is able to recognize his junior colleagues skills and interests and pushes them to learn more and to get excited about what they're doing.

With me Jan made a point to get me more involved in a laparoscopic procedure, and spent the case teaching anatomy, cracking jokes, and made a routine procedure a great experience for a medical student on their surgical rotation. Dr. Grendar is the exact type of resident this award was intended for. Someone who is passionate about his career and truly cares about the people that work with him."

**NOMINATE someone you know for the
RESIDENT PHYSICIAN OF THE MONTH Award**