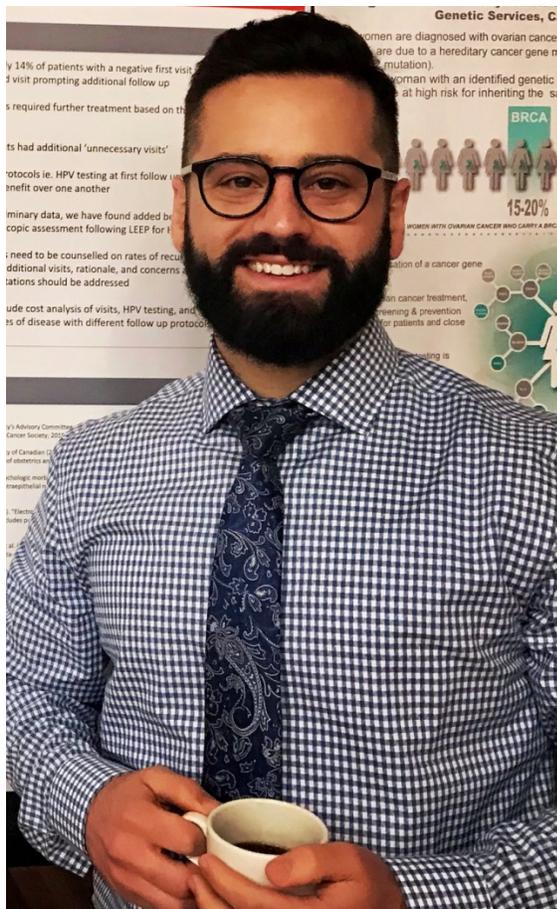


PARA

Professional Association of
Resident Physicians of Alberta



Resident Physician of the Month August 2018

Dr. Nick Papalia
Obstetrics & Gynecology
University of Calgary

My formative years were spent in the small town of Kincardine, Ontario. My biggest childhood concerns were generally: 'Is there enough snow to go tobogganing?' and 'After I eat this cheeseburger, how long do I have to wait before I can do a backflip into the lake?' As a kid, I had dreams at times of becoming a chef, a pilot, a professional soccer player, and even a judge. Pursuing a career in medicine was a later mission; one which started with attending Western University at the satellite campus in South Detroit (aka, Windsor), and since, has brought me to Calgary to train in Obstetrics and Gynecology.

When not at work, I can be found approaching cooking, travelling, and skiing with reckless abandon. I enjoy moving through the world with a sense of adventure, social connection, and feelings of accomplishment; all with a full belly and wonderful people around me.

The recognition that this award brings is humbling. I am immersed in an environment with colleagues who dedicate their lives to medicine, to residency, and to the patients they encounter. If I can motivate those around me to show up and work hard while remembering to have fun along the way, I'll consider my time here a success.

Thank you to my peers who took the time and effort to nominate me for this award!

A colleague had this to say about Dr. Nick Papalia:

"Nick is simply an outstanding human being! Not only is he academically accomplished, his all-around enthusiasm, day in and day out, is contagious for everyone around him. He embraces responsibility and the opportunity to make a positive impact on all his patients and colleagues. He is recognized by his peers to be supportive, honest and compassionate. Any who have worked with Nick would tell you how pragmatic and down-to-earth he is."

Nick sets a perfect example of how to develop successful working relationships with colleagues and how to establish collaborative and trusting relationships with patients. Nick's life as a resident physician is nothing short of the pattern from which all other successful resident physicians have been cut. He remains genuine despite his rigorous surgical schedule, yet maintains a healthy work-life balance. On his time off, you will either find him chasing powder, working on his barber skills or cooking in preparation to lighten up the night. He is regularly organizing athletic events, nights out and dinner parties for friends and fellow resident physicians; encouraging all of us to strive for our best work-life balance. It is with enthusiasm that I highly recommend Nick Papalia for the position of Resident Physician of the month."

Congratulations Dr. Nick Papalia!