



RESIDENT PHYSICIAN OF THE MONTH

September 2024

Dr. Brandy Love

Adult Neurology
University of Alberta

“I grew up in a small town north of Edmonton and have spent my entire life to date in the area. I completed my undergrad in nursing, starting in ICU at the Royal Alexandra Hospital. Soon after, I returned to school to complete a Master’s in nursing and became a Nurse Practitioner, starting in pain medicine and then moving back to the ICU. After having two kiddos (Linc and Isola), I decided I wasn’t busy enough so I went back for my degree in medicine! I loved my time with my U of A med class and met some of my favourite humans there. I am now in my fourth year of adult neurology at the U of A, juggling kids, my doggo Penny, residency and studying for my RC exams this year. When I’m not doing that, you can find me trail running, cycle commuting or bouldering (occasionally, I sleep). My time in residency has been a roller coaster. I don’t think I was quite prepared for the mental, emotional and physical challenges it would present, even with almost two decades of health care experience under my belt. My unsolicited advice to all is to find your people, anywhere and everywhere. Community is what gets us all through this and elevates the experience. I would also add a shout-out to PARA, as I previously had the opportunity to sit on the Executive Board two years ago and learned so very much from the people there. Lastly, I would express gratitude for the co-residents in my program and all the amazing staff across the city who I have had the pleasure to work with. Edmonton is a phenomenal city and I look forward to what comes next.”

Dr. Candace Marsters

Adult Neurology
University of Alberta

“I was raised in a tiny BC town at the base of the Rocky Mountains which has forever imparted a passion for outdoor adventures and an appreciation for rural living. I later moved to Vancouver Island to attend the University of Victoria for an undergraduate degree. Afterward, I took a quick detour to Uppsala, Sweden for a Master’s degree before returning to Canada to complete my MD/PhD at the University of Calgary. My love for neurology and research brought me to the University of Alberta where I am currently an Adult Neurology resident. I feel very fortunate to be part of this program given the amazing co-residents, faculty mentors and researchers within our division. Outside of work, my young daughter keeps me busy and is a continual inspiration. Through all the bustle of residency life and family responsibilities, I still find time to spend outdoors. I want to convey how truly appreciative I am to have been nominated for this award and thankful to my colleagues who unceasingly provide a wealth of encouragement.” Lastly, I would express gratitude for the co-residents in my program and all the amazing staff across the city who I have had the pleasure to work with. Edmonton is a phenomenal city and I look forward to what comes next.”