

VP OF COMMUNITY & INTERNAL RELATIONS

ROLE AND RESPONSIBILITIES

- ▶ Oversee PARA's community outreach campaigns
- ▶ Work closely with PARA staff in the coordination of social/wellness events throughout the academic year
- ▶ Host and/or attend social/wellness events
- ▶ Act as the resident physician champion for wellness initiatives

INTERNAL RESPONSIBILITIES

- ▶ Monthly Executive Board videoconferences
- ▶ Report on committee meetings and relevant communications
- ▶ Mentorship of incoming VPCIR – introduce to roles and responsibilities (normally done at Executive Retreat)

MEMBER OF THE FOLLOWING

EXTERNAL COMMITTEES

AMA Physician & Family Support Program Committee (PFSP)

- ▶ Meets once a year (spring)
- ▶ Proxy and observers are welcome—must advise committee contact of change
- ▶ The PFSP does not vote on anything
- ▶ Dress Code: business casual (no jeans)
- ▶ PARA Assembly report required

U of A Resident Well-being Committee (only if in Edmonton)

- ▶ Meets every second month at the Learner Advocacy Office
- ▶ Proxy and observers are welcome
- ▶ Voting information is not available
- ▶ Observer can attend as a proxy for the VPCIR if not from Edmonton
- ▶ Dress Code: business casual (no jeans)
- ▶ PARA Assembly report required

INTERNAL COMMITTEES

Community and Wellness Committee (CWC)

- ▶ Committee Chair
- ▶ See Guidelines and Terms of Reference for details

YOUR COMMITTEES

Community & Wellness Committee (CWC)

To promote, support and facilitate resident physician well-being, including mental, physical and social well-being in supportive working, living, and learning environments.

Goals

- ▶ Identify and act upon opportunities to enhance resident physician well-being through:
 - ▶ Enhancing personal skills
 - ▶ Developing community supports
 - ▶ Building supportive environments
 - ▶ Advocating for policy change and compliance
- ▶ To advance resident physician wellness as a key consideration in organizational decision making by PARA and PARA partner organizations
- ▶ To reduce inequities in resident physician well-being

Core Activities

- ▶ Identification of resident physician wellness needs including inequities in resident physician wellness
- ▶ Planning and evaluation of activities to address identified needs
- ▶ Evaluation of the impacts of Association plans on resident physician wellness and development of recommendations to improve resident physician wellness
- ▶ Assessment and decision-making regarding applications for community-driven resident wellness events

Membership

- ▶ Vice President Community and Internal Relations
- ▶ Assembly Delegates
- ▶ General Members
- ▶ Designated PARA Staff Liaison

Reporting Relationship

The CWC is accountable to the PARA Executive Board for all decisions. Any decisions which change the structure, function or core activities of the CWC require approval by the Executive Board

Decisions or initiatives that require additional funding outside of the approved budget will require the approval of the Executive Board

Term

Annual; members of the CWC are encouraged to serve multiple terms where possible.

Meetings

The CWC should have regular (if possible monthly) teleconferences to plan and evaluate initiatives that happen throughout the year. The first meeting should be set for within one month of the first Assembly Meeting of the academic year.