



Resident Physician of the Month
October 2016



Dr. Janet Roberts
PGY 4, Adult Rheumatology
University of Alberta

I grew up in a small town in Newfoundland and did my undergraduate degree at Dalhousie University in Halifax. I graduated with a Bachelor of Science in Physiotherapy in 2003 and worked as a physiotherapist for six years in Newfoundland, Australia and then Alberta before deciding to pursue medicine. I completed medical school at Memorial University of Newfoundland and then moved to Edmonton to pursue residency in Internal Medicine. I have just started my fellowship in Rheumatology at the University of Alberta, and I am looking forward to an exciting career in Rheumatology! Outside of medicine I love to run and travel.

Colleagues had this to say about Dr. Roberts:

“Dr. Roberts hails from Newfoundland, where she completed her medical training prior to making the move to the land of opportunity for General Internal Medicine. Prior to medical school she was a practicing physiotherapist for seven years, which may be the foundation for her exceptional bedside manner and patient demeanor. Although I have only worked alongside Dr. Roberts as a medical student and now as a resident, I know that she is well received and appreciated by staff from all disciplines. To highlight my confidence in this fact I have asked for support from some of her colleagues.”

“On a personal note, I have been Janet’s friend for seven years and am very fortunate to have her as my friend. We speak daily to make sure we are surviving residency, but most importantly I know the little things she does for her patients that others would never be privy to know. As a second year resident, Janet used to go to work early, to help feed a patient with severe rheumatoid arthritis. She mentors students / residents and initiated the mentoring program for the GIM group. She takes extra call (on ICU and GIM). She completed a systematic review and has been published. She’s practical and patient. She should be the resident of the month.”

Congratulations Dr. Roberts!