

PARA

Professional Association of
Resident Physicians of Alberta



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Dr. Jori Hardin
PGY 5, Dermatology
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I was born and raised in Calgary and I love it here! I did my undergraduate degree in Kinesiology at the University of Western Ontario and then pursued a Master's Degree in Exercise Physiology at the University of Alberta. Medical school and residency have both been at the University of Calgary where I feel very lucky to have met so many other wonderful and talented mentors, physicians and friends. I am a mother of two wonderful children and my amazing husband works as a rural family doctor in Black Diamond.

My R5 year has been a grueling one and every second I wasn't studying was spent playing with and snuggling my kids who light up my life. One my most favourite things is packing the kids up in the Chariot (which is a massive stroller for those without kids) and going for a run and picnic with my husband in Fish Creek Park.

Next year, I will be joining the academic Dermatology group at Richmond Road Diagnostic and Treatment Centre and will also be participating in the Master Teacher Program at the U of C. I have had so many mentors along the way and aspire to make them proud as my career evolves.

I feel very blessed to be able to do what I love surrounded by people that inspire and motivate me to do my best! Thank you for this acknowledgement; I share it with my colleagues, especially my fellow Dermatology R5s, and family!

A colleague had this to say about Dr. Jori Hardin:

"I have the distinct pleasure of nominating Dr. Jori Hardin for the PARA resident of the month award. I have known Jori for the past five years as a fellow resident physician colleague and I can attest to her excellence in both academic and non-academic settings. Her academic achievements include teaching awards and publications in the top dermatology journals. I have seen her on numerous occasions coming in hours before the start of clinic to teach rotating medical students and resident physicians the basics of dermatology. She even creates summary notes for learners to take home and study. She takes time out of her busy schedule to also teach at the medical school (even during her Royal College year!), as she values imparting her knowledge to the coming generation of physicians.

In regards to her extra-curricular activities, Jori has had two wonderful children during her residency. She puts high priority on her family, and is an inspiration to our program of how to balance life and studies. She wakes up at 5:30 every morning to study, so that she can spend the rest of her waking hours with her children. She is also an avid runner and has also been known to wake up before daylight to do interval training.

In summary, Jori is an exemplary resident physician that characterizes the kindness, integrity and hard work that makes for a great physician. In the future, she will be pursuing a Master's in Medical Education and we know that she will continue to make great strides for dermatology advocacy and education!."

Congratulations Dr. Jori Hardin!