

# Faces of PARAdime



## DR. ADELE DUIMERING



**Medical School**  
University of  
British Columbia

**Residency**  
University of Alberta

**Specialty**  
Radiation Oncology

**PGY**  
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### WHAT ATTRACTED YOU TO MEDICINE?

During my undergrad, I had considered pursuing graduate studies in medical physics. However, during a summer spent helping out with medical physics research at a cancer centre, I realized that I was more interested in working directly with patients and so I pursued medicine. Medicine is a dynamic, challenging, and incredibly rewarding field that I'm so grateful to be a part of.

### WHAT ATTRACTED YOU TO YOUR SPECIALTY?

Radiation oncology permits a unique mix of clinical interaction with patients and time spent working on treatment planning. I really enjoy both aspects, as they lend diversity to the workday. Furthermore, it's a privilege to be able to help oncology patients through difficult times; even in the cases where we're unable to treat curatively, there's much that can be achieved in the palliative realm.

### WHAT IS THE MOST REWARDING PART OF YOUR RESIDENCY TRAINING?

Oncology is very team-based, with cancer centres being collegial multi-disciplinary environments. I really enjoy coming to work each day and feeling that I'm contributing to improving our patients' well being as part of a huge team that includes everyone from the occupational therapist to the volunteers pushing around the tea and cookie cart.

### WHAT DO YOU FIND THE MOST CHALLENGING IN YOUR RESIDENCY TRAINING?

Residency is a full-time job, on top of which there's studying, researching, teaching, and a myriad of other life things to maintain. Striking a balance can at times be hard.

### WHAT ENERGIZES YOU OUTSIDE OF RESIDENCY?

Reading, blogging, travelling, and checking out events in the local community.

### WHY DID YOU WANT TO GET INVOLVED WITH PARADIME?

PARAdime is an excellent complement to the advocacy work resident physicians already do from day to day, taking advocating for an individual patient to the community level. Bridging this hospital-to-community gap is important as we advance in our training and learn to leverage our positions and apply our knowledge to bring about positive change.