



***Resident Physician of the Month
February 2018***

Dr. Umair Iftikhar
PGY 2, Internal Medicine
University of Calgary

I am currently a PGY 2 Internal Medicine resident physician in Calgary. I grew up in Montreal where I completed my undergraduate degree before heading to the University of Ottawa for medical school. During my training, I've had the opportunity to work with various colleagues, faculty and allied health professionals whom I credit for continuing to challenge me in becoming a stronger clinician. Outside of

medicine, I am a die-hard Raptors and Blue Jays fan.

I feel honoured to be selected for this award and grateful to be surrounded by an amazing group of co-resident physicians and the many mentors who have dedicated countless hours towards my education and training.

A colleague had this to say about Dr. Umair Iftikhar:

"Umair is the kind of resident physician that I strive to emulate. I have known him since I was a medical student doing an internal medicine elective in Calgary. From day one, he offered his time, knowledge and support of my medical education and application to the residency program and continues to help guide me through the program. He is strongly dedicated to mentoring others. He clearly enjoys sitting down with learners and teaching about fundamental concepts in medicine. He goes out of his way to help learners achieve their goals. He is kind, patient and always willing to answer questions. He is extremely knowledgeable and always speaks passionately about medicine in a way that motivates others. His involvement in PARA exemplifies his interest in helping improve the learning process for medical trainees. His guidance helped me choose a career path and join an excellent program. I highly recommend him for the position of resident physician of the month."

Congratulations Dr. Umair Iftikhar!