



***Resident Physician of the Month  
March 2018***

**Dr. Martin Tieu  
PGY 2, Family Medicine  
University of Alberta**

I feel truly fortunate to have not only been nominated, but selected for this award. Without a doubt, any and all of my successes are built on the shoulders of my co-resident physicians, faithful mentors and of course my loving family and friends

Currently, I am a PGY 2 in Family Medicine, based out of the Royal Alexandra Family Medicine Centre in Edmonton. I was born and raised in Vancouver and completed my BSc at the University of British Columbia. I also worked for nine years as a Medical Technician in the Canadian Forces Primary Reserves. Through my work with the military, I was fortunate to meet family medicine trained military physicians who proved to be strong mentors. With this experience, I completed medical school at the University of British Columbia and made the move to Edmonton for residency. In my spare time, I enjoy playing beer-league hockey, volleyball, watching the Raptors choke in the playoffs and playing guitar. My love and passion for the Canucks is rivaled only by my obsession with Taylor Swift.

I would like to take this opportunity to once again thank all of my colleagues and co-resident physicians for the honour of this award.

**A colleague had this to say about Dr. Martin Tieu:**

*“Dr. Martin Tieu is simply one of the kindest and most collegial people I have ever worked with. He has an ability to connect with nearly everyone, patients and colleagues, due to his warm and caring demeanour. He is someone you can always count on to help out. I can think of several occasions where Martin has dropped his own commitments to help his fellow resident physicians – he’s given people rides to the airport, helped people move and unload trucks – he’s always willing to lend a hand. This kind of selflessness and collegiality is really valued during the stressful and busy time of residency, as it contributes to the well-being of his fellow resident physicians.*”

*Martin is also committed to resident physician wellness in other ways. He is a member of the University of Alberta’s Family Medicine Resident Physician’s Association Social Committee and is also responsible for arranging accommodation for the Family Medicine program’s annual educational retreat. Furthermore, he prioritizes his own wellness by participating on a resident physician curling team and a resident physician hockey team.”*

**Congratulations Dr. Martin Tieu!**