



**Resident Physician of the Month  
May 2018**

**Dr. Abdul Al Saadon  
PGY 7, Critical Care  
University of Alberta**

It's an honour being awarded Resident Physician of the Month.

I was born in the United States, then moved back to Saudi Arabia where I finished med school in Riyadh (the capital).

I did my internal Medicine/Nephrology training at the University of Alberta and am currently finishing my Critical Care training at the U of A. I've always believed and cherished the mentor/mentee relationship and I try to provide that for resident physicians and med students.

I wouldn't be successful without balancing life and work and having the support of my wife and family. Beyond medicine, I quite enjoy the company of my two and a half year old daughter, photography and cooking.

**A colleague had this to say about Dr. Abdul Al Saadon:**

*"Abdul is one of the warmest and most supportive resident physicians I've had the pleasure of working with him during his internal medicine, nephrology and ICU fellowships. Despite being on busy services, he always makes time to teach junior learners and to support them when they are out of their comfort zone. Even though as a senior resident physician and fellow, he does home call, he frequently would stay late or overnight to be available for others. He does this all while excelling in his program and with a young baby girl at home!"*

**Congratulations Dr. Abdul Al Saadon!**