



***Resident Physician of the Month
June 2018***

**Dr. Alanna Achen
PGY 2, Family Medicine
University of Alberta**

I grew up in Peace River, a small town in Northern Alberta and moved to Edmonton where I completed my B.Sc in Kinesiology, my medical degree and now residency all at the U of A.

My interests outside of medicine include spending time with my husband and friends, as well as staying up to date on all the best restaurants and coffee shops to check out. I also enjoy working out, cross country skiing and spending time in the mountains.

A colleague had this to say about Dr. Alanna Achen:

“Alanna Achen is a second year Family Medicine resident physician who is deserving of the Resident Physician of the Month award for multiple reasons. Most notably, Alanna took the initiative to organize an Ultrasound course for interested Family Medicine resident physicians. This was a huge undertaking that involved securing instructors, machines, volunteer patients, in addition to coordinating registration and scheduling. The course was a huge success and positively impacted the learning of her peers. This year, Alanna has continued to work towards enhancing the educational opportunities of her peers by creating an Advanced Skills Committee within the Family Medicine program that is looking at continuing to schedule ultrasound courses, as well as other courses such as casting courses, for her fellow residents. She is also involved on the Research Committee and Academic Planning Committee where she advocates for improving residency training.”

Congratulations Dr. Alanna Achen!