



**Resident Physician of the Month
June 2018**

**Dr. Valerie Hurdle
PGY 5, Plastic Surgery
University of Calgary**

I'm originally from southern Alberta, where I grew up as the fourth of five siblings. I made the move to Calgary for the Bachelor of Health Sciences program and to join the track team. I was

fortunate to be able to complete both my MD and residency training here. In plastic surgery we spend most of our junior years rotating through different specialties, providing me with many great staff and resident mentors both in and outside of my program (and resulting in usually a friend answering the call for a consult!). When not at work, I enjoy heading out to the Rockies to hike and ski with friends or running in the city. After residency I'm excited to head to the HULC in London, ON to complete a hand and upper extremity fellowship.

I am very honoured to be acknowledged for the work we do every day as resident physicians. Much of what I am able to do is owed to the excellent team of resident physicians and staff I work with, and the endless support from friends and family.

A colleague had this to say about Dr. Valerie Hurdle:

"Valerie Hurdle has always been an exemplary senior resident physician since the beginning of my residency. She has consistently been a strong resident physician and leads by example. Her support for her junior resident physicians is unparalleled and her knowledge base is vast. She is an excellent role model and incredibly fun to work with in the operating room. She served as surgical/procedural liaison for Calgary on PARA for 2 years during residency. She also recently went to Vietnam on a cleft mission. She is dependable and earns the respect of those around her quite easily. She loves the outdoors and the Rockies. Something I will always remember is that when I first moved to Calgary the first thing she did was take me on a hike. It was the beginning of my own love for the mountains. I have very much enjoyed having her as one of my senior resident physicians for the last three years and know that she will be an amazing plastic surgeon in the future. She is very deserving of this award!"

Congratulations Dr. Valerie Hurdle!

