



**Resident Physician of the Month
October 2018**

**Dr. Josh DeSerres
Plastic and Reconstructive Surgery
University of Alberta**

Originally from Calgary, I did my undergraduate degree at the University of Victoria and completed medical school at the U of A. I was fortunate enough to get into plastic surgery in Edmonton, where I've been surrounded by a great group of resident physicians and staff surgeons for the past 4 years. I'm very excited to be heading to Toronto next year to do a fellowship in adult craniofacial surgery.

Outside of medicine, I enjoy staying active. I grew up playing competitive hockey and continue to play during residency. Aside from hockey, my favorite activities are snowboarding and golf. When I can find the time, I also enjoy travelling with my amazing wife.

A colleague had this to say about Dr. Josh DeSerres:

"It's hard to come across someone who works harder than Josh. Being in a small program with a heavy workload can be tasking on the team to say the least. As chief resident physician, Josh spends more time at the hospital than anyone else by far. Despite this, he's always smiling, laughing, and always makes himself readily available to lend a hand. He never thinks twice if a colleague wants a second set of eyes on a patient, even if it means coming in to work in the middle of the night. On top of this, he's constantly taking the time to teach junior resident physicians and medical students. Having someone like Josh who you know has your back no matter what is comforting for junior learners and greatly reduces stress levels. This is all on top of being one of the most productive researchers in the program, playing on multiple hockey teams, and maintaining a happy home life with his wife and fur babies. He has an impressive resilience, amazing personality, and makes coming into work every day a lot of fun!"

Congratulations Dr. Josh DeSerres!