



**Resident Physician of the Month: May 2019**

**Dr. Stacey Holbrook**  
**Pediatrics**  
**University of Calgary**

After completing my undergraduate and master's degrees at Western University, I moved back home to Calgary to pursue medical school. I was thrilled to stay for my Pediatric Residency at the Alberta Children's Hospital and am now in my third year. Over the course of my residency, I've developed interests in hospital medicine, community practice, and child maltreatment, all of which I hope to incorporate into my future career.

This past year I've had the privilege of serving as one of the Peds Chief resident physicians. It's been a challenging but fulfilling experience. We've strived to improve resident physician education and communication, and have advocated for resident physician well-being. We're fortunate to have an awesome resident physician group and they serve as a constant source of inspiration. In my spare time you can find me at the gym, walking my dog Lily, or hanging with friends and family. Special thanks to my co-chiefs (Sarah and Simone) and to my bestie Jacqui for all the support!

**Colleagues had this to say about Dr. Stacey Holbrook:**

*"Dr. Stacey Holbrook is a PGY3 in Pediatrics who is an education-prioritizing resident physician, a change-leading Chief resident physician, and maintains a strong commitment to health and fitness in her personal life. As a Senior Resident Physician, Stacey ensures protected time to discuss essential knowledge and topics of interest to her Team, and plans and prepares the majority of teaching around these topics. She is a caring advocate for her patients as well, as evidenced by her work with children who have been victims of child abuse. As one of the Chief Resident Physicians, she has been instrumental in advocating for resident physician wellness. In particular she has learned the PARA policies inside and out and ensures the program is following these closely. In her personal life, Stacey leads by example for others and makes health and fitness a major priority. She also often invites other resident physicians to join her, helping their fitness journey as well. In summary, Dr. Stacey Holbrook is a caring resident physician committed to resident physician education, a wellness-focused leader within our program as Chief Resident Physician, and someone who prioritizes physical fitness in her own life in an exemplary way."*

**Congratulations Dr. Stacey Holbrook!**