

# Restaurant Recommendations from Resident Physicians

## Edmonton Recommendations

---

### MEAT

8216 104 St NW, Edmonton | [meatfordinner.com](http://meatfordinner.com)

Delicious smoked meats with in house made barbeque sauces and the most delicious macaroni and cheese in the city. The banana parfait is also out of this world.

### Phoboulous

8701 109 St NW, Edmonton | [phobulousedmonton.com](http://phobulousedmonton.com)

It is a diamond in the rough! The best lemongrass chicken, green onion cake, noodle bowls in the province! The staff is so efficient and very diligent with precautions around the pandemic. I cannot say enough good things about it. During busy weeks, this is my daily go to!

### OEB

Various Locations | [eatoeb.com/locations/oeb-edmonton/](http://eatoeb.com/locations/oeb-edmonton/)

The most delightful brunch imaginable!

### Red Lobster Restaurant

Multiple locations | [redlobster.ca/](http://redlobster.ca/)

They have a family friendly environment, healthy fresh choices of food and they go above and beyond to offer birthday cake 🍰 and staff comes around to sing for you.

### Sabor

10220 103 St NW, Edmonton | [sabor.ca](http://sabor.ca)

Sabor in Edmonton is a locally owned and operated restaurant run by fellow Northside Edmontonians. The restaurant has been able to last in downtown Edmonton for over a decade and is without a doubt the top destination in the Capital region for seafood. The Portuguese cuisine, friendly staff, and evenings of live local music makes for a great in person dining experience. The pivot to takeout during the height of the pandemic shutdown helped us get through it!

### Padmanadi

Multiple locations | [padmanadi.com](http://padmanadi.com)

As a vegetarian I appreciate the all-veggie food (and rumour has it meat eaters are also a fan)

### Woodwork

10132 100 St NW, Edmonton | [woodworkyeg.com](http://woodworkyeg.com)

Amazing cocktails and very well cooked, delicious Canadian food.

### Woodshed Burgers

10723 124 St, Edmonton | [thewoodshedyeg.com](http://thewoodshedyeg.com)

They serve delicious hand-pressed burgers (several options from traditional lettuce + tomato to more exotic) both in their socially-distanced restaurant and for takeaway. Their prices are very reasonable. What I really like is that their "to go" containers can be recycled (i.e. no plastic/Styrofoam!)

### Dang Good

13308 118 Ave NW, Edmonton | [danggood.ca](http://danggood.ca)

A great local family-run Vietnamese restaurant with great vegetarian options.

### The Common

9910 109 St NW, Edmonton | [thecommon.ca](http://thecommon.ca)

The common has great food and for a decent price with a fun atmosphere.

## Uccelino

10349 Jasper Ave, Edmonton | [corso32group.com/uccellino](https://corso32group.com/uccellino)

I had the fluffiest gnocchi everrr from this restaurant. It was like eating a cloud \*drool\*. They make all their pasta fresh in house. It's to die for! Plus their service is always on point and they make delicious cocktails. 10/10 would recommend this top notch Italian restaurant!

## Northern Chicken

10704 124 St, Edmonton | [northchickenyeg.com](https://northchickenyeg.com)

Really delicious fried chicken (and even better sides), great for an indulgent meal, and locally owned and operated.

## Additional Recommendations

---

### Farrow Sandwiches

Multiple locations  
[farrowssandwiches.ca](https://farrowssandwiches.ca)

### Seoul Fried Chicken

7904b 104 St NW, Edmonton  
[seoulfried.com](https://seoulfried.com)

### June's Delicatessen

6427 112 Ave NW, Edmonton  
[junedelicatessen.ca](https://junedelicatessen.ca)

### Bodega

Multiple locations  
[bodegayeg.ca/](https://bodegayeg.ca/)

### Rosso Pizzeria

8738 109 St NW, Edmonton  
[pizzeriarosso109.com](https://pizzeriarosso109.com)

### Tiramisu Bistro

10750 124 St, Edmonton  
[tiramisubistro.ca](https://tiramisubistro.ca)

### Sofra

10345 106 St, Edmonton

### Pampa

Multiple locations  
[pampasteakhouse.com](https://pampasteakhouse.com)

### Earls

Multiple locations  
[earls.ca/](https://earls.ca/)

### Dawaat

10015 82 Ave NW, Edmonton  
[daawat.ca](https://daawat.ca)

### Remedy Cafe

Multiple locations  
[remedycafe.ca](https://remedycafe.ca)

### Guru

17021 100 Ave, Edmonton  
[gururestaurant.com](https://gururestaurant.com)

### Biera

9570 76 Ave NW, Edmonton, AB  
[biera.ca](https://biera.ca)

### Chartier

5012 50 St #102, Beaumont  
[dinechartier.com](https://dinechartier.com)

### DaDeO

10548 A 82 Ave NW, Edmonton  
[dadeo.ca/](https://dadeo.ca/)

### Cafe Amore Bistro

10807 106 Ave NW, Edmonton  
[cafeamorebistro.ca/](https://cafeamorebistro.ca/)

### Dookbaeki

2872 Calgary Trail, Edmonton  
[dookbaeki.ca](https://dookbaeki.ca)

### XIX (Nineteen)

Multiple locations  
[dinenineteen.com/](https://dinenineteen.com/)

### Vaticano Cucina

10310 45th Ave NW, Edmonton  
[vaticanoyeg.com](https://vaticanoyeg.com)

### Bua Thai

10049 113 St, Edmonton  
[buathairestaurant.com/](https://buathairestaurant.com/)

### Syphay

9441 Jasper Ave, Edmonton, AB  
[syphay.com](https://syphay.com)

### DOSC

10190 104 St NW, Edmonton  
[dosc.ca](https://dosc.ca)

### Coriander Cuisine

11214 76 Ave NW, Edmonton  
[corianderedmonton.com](https://corianderedmonton.com)

### Gyu-Kaku

10416 Jasper Ave, Edmonton, AB  
[gyu-kaku.com](https://gyu-kaku.com)

### Bundok

10228 104 St NW, Edmonton  
[bundokyeg.com](https://bundokyeg.com)

### Cilantro and Chive

5021 50 St, Lacombe, AB  
[cilantroandchive.ca](https://cilantroandchive.ca)

### The Marc

9940 106 St, Edmonton  
[Themarc.ca](https://Themarc.ca)

### The Moth Café

9449 Jasper Ave, Edmonton  
[mosaicsandmotharchive.com](https://mosaicsandmotharchive.com)

### Bianco

10020 101A Ave #120, Edmonton  
[biancoeats.com](https://biancoeats.com)

### Blowers & Grafton

10550 82 Ave NW, Edmonton  
[blowersgrafton.com/](https://blowersgrafton.com/)

### Ampersand27

10612 82 Ave NW, Edmonton  
[ampersand27.com/](https://ampersand27.com/)

### Grandin Fish & Chips

9902 109 St NW, Edmonton  
[grandinfish.ca](https://grandinfish.ca)

### Saigon Taste

10383 112 St NW, Edmonton  
[saigontasteedmonton.com](https://saigontasteedmonton.com)

### **Hexagon**

10750 82 Ave NW, Edmonton  
[thehexcafe.com](http://thehexcafe.com)

### **Upper Crust Cafe**

10909 86 Ave NW, Edmonton  
[cafeuppercrust.ca](http://cafeuppercrust.ca)

### **Pip**

10403 83 Ave NW, Edmonton  
[pipeg.com](http://pipeg.com)

### **Izakaya Tomo**

3739 99 St NW, Edmonton,  
[izakayatomo.net](http://izakayatomo.net)

### **POM Grand Persian Grill**

10812 82 Ave NW, Edmonton  
[pomgrand.com](http://pomgrand.com)

### **Famoso**

Multiple locations  
[famoso.ca](http://famoso.ca)

### **Cafe Mosaics**

10844 82 Ave NW, Edmonton  
[mosaicsandmotharchive.com](http://mosaicsandmotharchive.com)

### **Noodle Feast**

3440 99 St NW, Edmonton  
[Review](#)

### **Dorinku – Tokyo**

10205 82 Ave NW, Edmonton  
[tokyo.dorinku.ca](http://tokyo.dorinku.ca)

### **State & Main**

Multiple Locations  
[stateandmain.ca](http://stateandmain.ca)

### **The Next Act**

8224 104 St NW, Edmonton  
[nextactpub.com](http://nextactpub.com)

### **Savoy's South Indian Kitchen**

9261 34 Ave. #9, Edmonton  
[savoykitchen.com](http://savoykitchen.com)