

October Resident Physician of the Month

DR. BRAD BROCHU

Cardiology

University of Alberta

I was born and raised in Edmonton, AB. After a Bachelor of Science in Pharmacy and Doctor of Medicine at the University of Alberta, I completed my residency training in Internal Medicine and Adult Cardiology at the University of Alberta Hospital. In July 2020, I had the opportunity to join the AFC Interventional Cardiology Fellowship Program at McMaster University in Hamilton, ON.

It is an honour to be nominated for the PARA Resident Physician of the Month Award by my colleagues. Through six years of residency, advocating for resident physician wellness was a passion of mine. I am currently enrolled in a distance Masters in Medical Education from the University of Dundee and I hope to continue to work closely with medical trainees throughout my career.

When I'm not at the hospital or preparing for a board exam, I enjoy spending time with my wife and my (almost) three-year-old son. I am forever indebted to my family and friends for their support and sacrifices to allow me to pursue a demanding career in medicine.



A colleague had this to say about Dr. Brochu:

"Brad is the epitome of a great colleague. He is knowledgeable, works hard, has a calm bedside manner and is well liked his patients, colleagues and staff. No matter how busy the service, he always takes time to teach around cases, ensuring that the medical student or resident physician will learn at least one thing from each patient they see. However, what impresses me most about Brad is his emotional intelligence. He senses when something does not feel right and has a way of approaching it that respects the situation without making anyone feel uncomfortable. When I was having an emotionally difficult time on a busy call shift due to the death of a close family member, he took it upon himself to send me away for a breather to take some time for myself to grieve. He was incredibly understanding and so well-mannered in managing it. This is just a small example of the kind of person Brad is: someone you can count on when times are tough and who will always support you. I think he would be a most deserving candidate of this Resident Physician of the Month Award."