

Date: November 25, 2020

To: Dr. Brenda Hemmelgarn
Dean, Faculty of Medicine
para@para-ab.ca

Lise Caouette
Manager, Physician Resources
Edmonton Zone Medical Affairs

From: Cathy Osborne, Senior Operating Officer
University of Alberta Hospital
Mazankowski Alberta Heart Institute / Kaye Edmonton Clinic
Alberta Kidney Care - North / Donation and Transplant Services
ZEOC Edmonton Fit for Work Task Force Co-Chairs

Sandy Widder MD FRCSC FACS MHA MSc QIPS
Interim Associate Zone Medical Director, Integrated Quality Management, AHS
Assistant Program Director, Acute Care Emergency Surgery Fellowship, U of A
ZEOC Edmonton Fit for Work Task Force Co-Chairs

Cc: Dr. David Zygun, Medical Director, Edmonton Zone

RE: Required Fit for Work Screening – Staff, physicians, residents, medical students

Many of the COVID-19 outbreak sources can be linked to individuals who come to the workplace with symptoms. AHS supports a safe workplace where people stay home when sick, or go home if unwell at work. Opportunities for prevention and to keep our sites safe include consistent self-assessment with Fit for Work Screening to assess for COVID-19 symptoms.

The following recommendations are to be actioned by physicians, residents and medical students:

- Complete the “**AHS Online Daily Fit for Work Screening Tool**” prior to arriving at work. (note – the Fit for Work assessment questionnaire changes as new evidence emerges, therefore the importance for completing everyday)
- **Keep Screening records** for a minimum of 14 days to assist with contact tracing. Each physician is individually responsible and accountable to retain their own records when not being screened at a site/program screening station. This can be accomplished by saving screenshots or emailing the daily Fit for Work screening status to yourself.
- **Monitor your health** while at work and take appropriate action if COVID-19 symptoms appear. <https://www.albertahealthservices.ca/topics/Page17076.aspx>
- **Stay home when sick**, practice physical distancing, wash hands regularly, and continuously wear a mask to help keep everyone safe. We must all be diligent in modelling safe work practices such as adhering to personal protective equipment (PPE) measures.

We recognize the tireless efforts, dedication and compassion of physicians in training, as well as physician staff in supporting Albertans during this challenging time as we continue to provide exceptional care to those we serve.

Please reach out to our Edmonton Zone Fit For Work Task Force Co-Chairs, Cathy Osborne, Senior Operating Officer or Dr. Sandy Widder if you have any questions.